

### How to Receive Holy Communion

When the Blessed Mother appeared to Adele Brise at Champion, Wisconsin on October 8, 1859, her message was simple, clear, and direct. "Teach the children what they need to know for their salvation. . . Teach them their catechism, how to sign themselves with the Sign of the Cross, and how to approach the sacraments; that is what I wish you to do. Go and fear nothing. I will help you."

And just how are we to approach the sacrament of the Holy Eucharist at Mass? The Church instructs us that we need to be in a state of grace to receive Holy Communion, that is we should not be conscious of any unconfessed mortal sin at the time of Holy Communion. Moreover, we should keep to the one hour fast from food and beverage before Communion. The faithful are free to receive Holy Communion standing or kneeling, on the tongue or in the hand. But we should try to receive Our Lord with piety, devotion, hunger, and desire. You get out of it, what you put into it. **Fr Francis J Hoffman**



**Hato Hohepa** will be hosting a Fia Fia afternoon on Saturday 25th May in the Mary MacKillop Centre - Room 4 is fundraising for a trip to Wellington at the end of the year. For more information please feel free to contact our school office. Thank you for your wonderful support and kindness always. God Bless

**National Safeguarding Programme.** *For those taking Communion to the sick, those who take part in the Southern youth camp are required to attend this training. We will carpool to Whangarei immediately after our 9.30am Mass. Please phone Bernadette 4398435 if you are attending.*

Mark your calendars for Sunday 19 May 11:30 a.m. at St Francis Xavier Catholic Parish Whangarei. This is for all those involved in ministry to Children, Youth and Vulnerable Adults. This training is required by the Church's National Office for Professional Standards. This is very important.

**Saint for the Week** Prayer is the deliberate and persevering action of the soul. It is true and enduring, and full of grace. Prayer fastens the soul to God and makes it one with God's will.

- St. Julian of Norwich (1342-1416), Theologian, Feast Day May 13

**Wisdom of the Day** "See everything; turn a blind eye to much; correct a little."  
**Pope Francis**

**Advance notice.....New Zealand Catholic Medical Association - Inaugural Meeting** Date: Sat: 25 May 2019 Time: 10am -3pm Place: St Michael's School Hall, 6 Beatrice Road, Remuera, Auckland - Cost \$25 per person. Blessing and Holy Mass from Bishop Patrick Dunn Provides an opportunity for doctors and others involved in healthcare to find pastoral care, support, encouragement and faith development. Registration is required by 20 May 2019. Details [newzealand-catholicmedical.co.nz/event](http://newzealand-catholicmedical.co.nz/event) Contact email: [info@newzealandcatholicmedical.co.nz](mailto:info@newzealandcatholicmedical.co.nz)

**ORGAN FREE TO A GOOD HOME: please phone Miriam 09 439 8819. (see it at the back of the church)**



**12 May 2019**

### Parish Priest

Fr Savelio Tevaga

### Sacred Heart Parish

97 Hokianga Rd. Dargaville  
Office: Phone: 4398435  
Presbytery: Ph. 4396370  
[cathnorwai@xtra.co.nz](mailto:cathnorwai@xtra.co.nz)

### St. Mary's Ruawai

Bev Balcombe 4392210

### St. Agnes Kaihu

Bernadette 4398435

### Tangiteroria

Doug McCarthy 4332754

### Parish Council Chairman

Kieran Gilmour 4397635

### Parish Coordinator

Bernadette Isaacs

### Sacramental Program

James Nyssen 4397903

### School Principal

Richard Truter 4398639

### SUNDAY MASSES

Dargaville Vigil Saturday 7:00pm

Dargaville Sunday 9:30am

Ruawai Vigil Saturday 5:30pm

Kaihu 1st Sunday 11:30am

### WEEKDAY MASSES

Tuesday: 5:30 pm

Wednesday: 9:15 am

Thurs: 12:15 pm

Friday: 11:00 am

Saturday: 9:00am

### Public Adoration of the

### Blessed Sacrament

Friday 10:00 am

### Reconciliation

Friday 10:00 am or by appointment

# Northern Wairoa Catholic Parish

**Sacred Heart - St. Mary's - St. Agnes - St. Pius X**

## FOURTH SUNDAY OF EASTER

In the gospel today we are given a condensed model of the spiritual life. It involves listening and knowing and following. The sheep of the Good Shepherd listen to his voice. Unlike the voice of strangers, the sheep listen and respond to the voice of their shepherd. They are attuned to his tone and the rhythm of his speech. They find a home within his words. We who belong to the flock of the Lord might ask, how well do we know this voice? How much time do we spend listening to it with love each day? How might we build a home with the Word of God?



Whether we recognise it or not we are deeply known by this Shepherd. Indeed, he knows us better than we know ourselves. In this knowing there is no shame. We are recognised for who we are as beloved children of God. And we are called to become even more authentically ourselves. The Good Shepherd knows us and calls us by name. Are there pieces of yourself you are still trying to hide from God? It is no use. The psalmist tells us, "My very self you know" (Psalm 139:14) Take time to experience yourself as deeply known (and deeply loved) by the Lord of life.

Only after we have listened to the voice of the Good Shepherd and heard him call us by name can we then follow him. Theologian Sofia Cavalletti wrote, "It is only in love, and not in fear, that one may have a moral life worthy of the name". God does not crave our fearful submission but our loving and joyful collaboration in building the kingdom of God. May we listen, know, and follow.

**Living Liturgy 2019**

**MINISTERS FOR NEXT WEEK 18 & 19 May 2019**

**PROCLAIMERS OF THE WORD**

Saturday 7.00pm - Bob McGilp, A McMillan

Sunday: 9.30am - S Moran, R Gilmour

**MINISTERS OF HOLY COMMUNION**

Saturday 7.00pm- \* David Guy, K Cyprian

Sunday: 9.30am - \* K & E Perreau,  
S Schoonderwoerd

**Readings 12 May 2019**

Acts 13:14,43-52  
Apocalypse 7:9,14-17  
Gospel John 10:27-30

**Readings 19 May 2019**

Acts 14:21-27  
Apocalypse 21:1-5  
Gospel John 13:31-35

**PARISH CALENDAR**

**ROSARY:**

Recited 20 minutes before each Mass  
*Rosary Intention for May will be for  
All Mothers*

**MAY**

Sunday 12	Sacramental Programme..... 8.30am 4th Sunday of Easter Mass ..... 9.30am RCIA Programme ..... 12.30pm
Monday 13	Meditation group meets ..... 7.00pm
Thursday 16	Mass ..... 12.15pm Gospel group meets ..... 7.00pm
Sunday 19	5th Sunday of Easter Mass ..... 9.30am
Monday 20	Meditation group meets ..... 7.00pm
Wednesday 22	School Mass ..... 9.15am Music group meets ..... 5.15pm
Thursday 23	Mass ..... 12.15pm
Sunday 26	Sacramental Programme..... 8.30am 6th Sunday of Easter Mass ..... 9.30am RCIA Programme ..... 12.30pm

**Public Adoration of the Blessed Sacrament**

Friday brings the remembrance of Christ's Redemptive passion and death. Friday is also the day of devotion to the Sacred Heart of Jesus. The First Friday of the month is a special day of adoration, mainly in reparation for the sins of mankind. Come and join us as we spend an hour of prayer and adoration before the Blessed Sacrament exposed.

*Every Friday from 10:00 am to 11:00 am. Novena to the Sacred Heart of Jesus is prayed and Sacrament of Reconciliation is available during this time.*

**LET US PRAY FOR THE DEAD & THE SICK**

**Recent Deaths:** Sr Kenny; **Death Anniversary:** Dorothy Berridge, Kevin Wilkinson, Lois and Laurie Angus, and George Bristow

**Sick:** Lisa Maree Zwaans, Charlotte Powell, Molly McGowan, Stephanie Matich, Jim Grbavac, Fr Nick Alleman, Frankie Harrison, Mary Dunn, Mark Tibbits, Arthur King, Ehraim Peralta, Fr Tevaga, Peter and Ann Jackson and Truus Kaptein

**Last Sunday Collection:** \$991.80

May God bless and reward you for your Christian charity and generosity.  
Please remember the Parish in your WILL

**SPIRITUAL READING AND MEDITATION FOR THIS WEEK**

<p><b>May 12</b> Christ lives in me.  <i>Galatians 2:20</i></p>	<p><b>May 13</b> The Lord will guide you always.  <i>Isaiah 58:11</i></p>	<p><b>May 14</b> Be strong, do not fear.  <i>Isaiah 35:4</i></p>	<p><b>May 15</b> God... Is rich in mercy.  <i>Ephesians 2:4</i></p>
<p><b>May 16</b> The Holy Spirit will teach you.  <i>Luke 12:12</i></p>	<p><b>May 17</b> Live as children of light.  <i>Ephesians 5:8</i></p>	<p><b>May 18</b> God has not given us a spirit of fear...  <i>2 Timothy 1:7</i></p>	

**Special Collections Seminary Collection. Vocations Sunday 12 May .** The monies collected help towards the fees for the Auckland students for the priesthood.

*The LORD'S kindness endures forever*

*Ps 100*



**HE gives us eternal life, we shall never perish**

**-St John 10:28**